



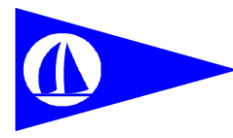
MARINA VENICE
YACHT CLUB



PACIFIC MARINERS
YACHT CLUB



SOUTH BAY
YACHT RACING
CLUB



WOMENS' SAILING
ASSOCIATION

ASMBYC

Invites you to enter the

2010 WOMEN ON WATER/ WOMAN AT HELM REGATTA

SEPTEMBER 18th AND 19th, 2010

MARINA DEL REY, CALIFORNIA

SAILING INSTRUCTIONS

1. RULES

- 1.1. This regatta will be governed by the "rules" as defined in *The Racing Rules of Sailing (RRS) 2009-2012*.
- 1.2. One-design boats that meet all the requirements of their class will race in the PHRF fleet without requirement for PHRF membership.

2. NOTICES TO COMPETITORS

- 2.1. Any notice will be posted on the official SBYRC notice board, located to the left of California Sailing Academy (CSA) main entrance (2nd floor, east end), by 0900 each race day.

3. CHANGES TO THE SAILING INSTRUCTIONS

- 3.1. Any change will be posted by 0900 on the day it will take effect.

4. SCHEDULE OF RACES

- 4.1. The R/C will attempt to run 5 races (3 for the Cruising Division).
- 4.2. The scheduled time of the warning signal for the first race each day is 1155 hours.

5. CLASS FLAGS

- 5.1. Class splits and flags will be posted on the official notice board by 0900 hours race day.

6. COURSES

- 6.1. Courses will be selected from ASMBYC Course Chart # 16 and the attached Cruising Division course chart.
- 6.2. No later than the preparatory signal, the Race Committee will display the course number and direction to the first mark. This changes *RRS 27.1*.

7. MARKS

- 7.1. Any mark missing or out of place, will be replaced by an inflatable tetrahedron in the approximate location of that mark. This changes *RRS 34*.

8. CHECK-IN

- 8.1. All boats shall sail by the stern of the R/C boat while on starboard and be recognized by the Race Committee prior to the warning signal for the first race each day.

9. THE START

- 9.1. The starting line will be between an orange flag on or near the Race Committee boat at the starboard end and an inflatable tetrahedron at the port end.
- 9.2. The warning signal will be given 5 minutes before the starting signal.
- 9.3. The starting signal for a class will be the warning signal for the next class.
- 9.4. A boat starting later than 4 minutes after her starting signal will be scored **DNS**.



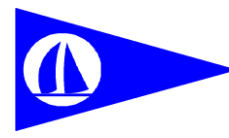
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9.5. A new starting sequence may begin prior to the finish of any class and the order of those starts may be changed and may be announced on VHF channel 68.

10. RECALLS

10.1. The Race Committee will attempt to hail the sail number or name of any boat **OCS** using VHF channel 68. No part of this hail shall be considered grounds for redress.

11. CHANGE OF COURSE

11.1. Any change without a class flag shall apply to all classes.

12. THE FINISH

12.1. The finishing line will be between an orange flag on the Race Committee boat at one end and a spar buoy with an orange flag at the other.

12.2. **Boats that have finished shall immediately clear the finish area or may be disqualified from that race.**

13. PENALTIES

13.1. The two-turn penalty is modified to one turn, including one tack and one jibe. This changes **RRS44.2**.

14. NOTICE OF RETIREMENT

14.1. Any boat retiring shall notify the Race Committee as soon as possible.

15. TIME LIMIT

15.1. The time limit will be 1630 hours. Boats failing to finish within 30 minutes of the first boat in their class that sails the course and finishes within that limit will be scored **DNF**. This changes **RRS 35**.

16. PROTESTS

16.1. Any boat intending to file a protest shall notify the Race Committee after finishing that race.

16.2. Forms will be available at the host yacht club. Forms shall be delivered to an SBYRC officer at the host yacht club within the protest time limit of one hour after the RC boat docks.

16.3. Protests will be heard as soon as possible. All parties shall be present with witnesses after filing.

17. SCORING

17.1. No race score will be excluded. This changes **RRS A2**.

17.2. One-design boats that meet all the requirements of their class will be assigned the Area B1 PHRF rating for a boat of that type.

17.3. Three races must be completed to constitute a series (two for the Cruising Division).

18. Disclaimer of Liability

18.1. Competitors participate in the Regatta entirely at their own risk. See **RRS 4**. The organizing authority, host yacht clubs, and ASMBYC will not accept any liability for material damage, personal injury or death sustained in conjunction with, prior to, during or after the regatta.

Principal Race Officer:

SBYRC Commodore Nora Feddal Commodore@SBYRC.Org Phone: 310-866-0977



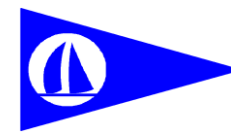
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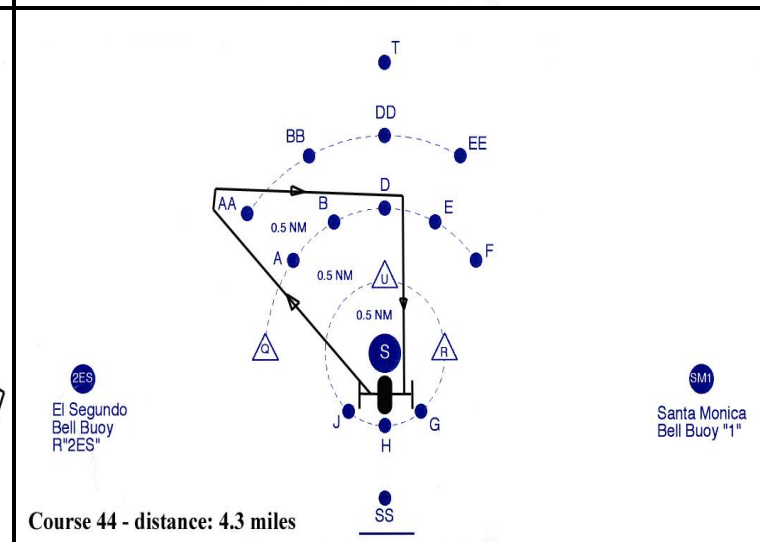
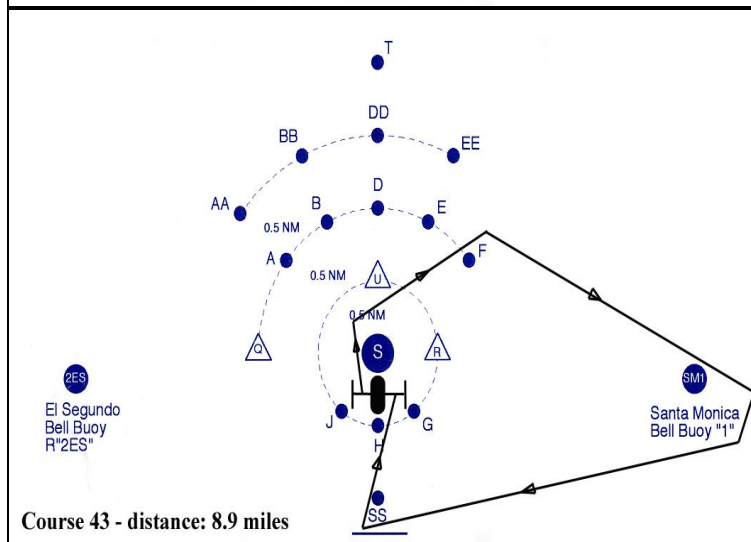
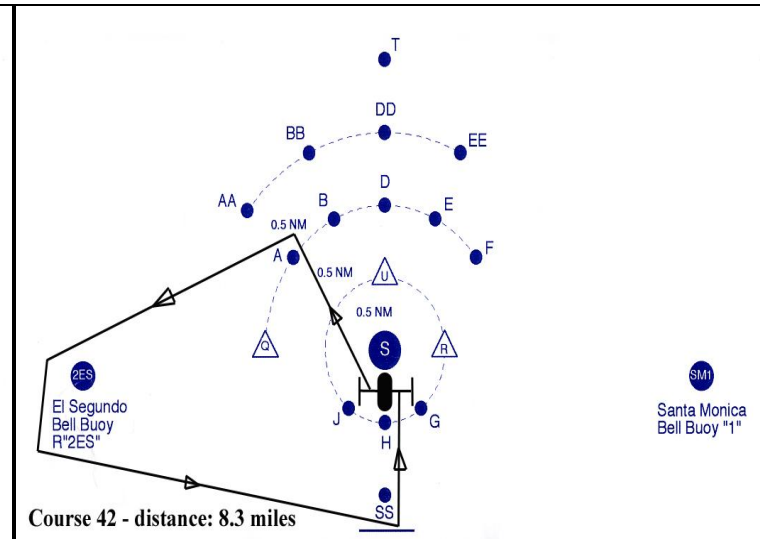
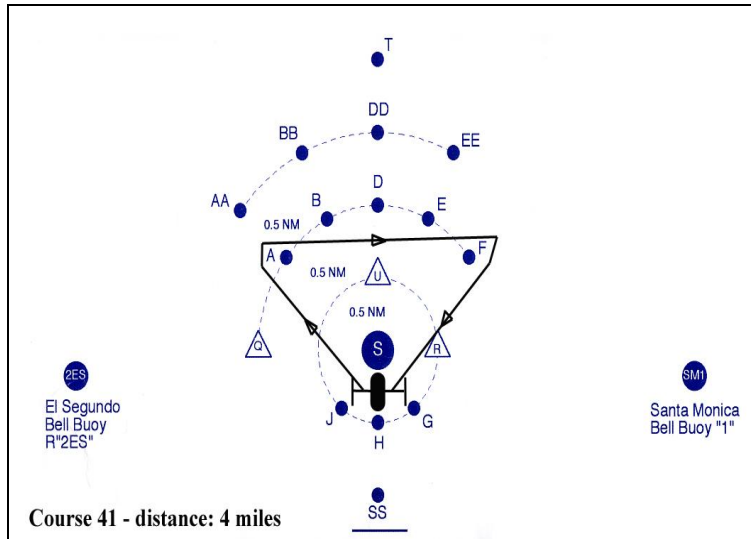
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2010 WOW-WAH


CRUISER CHART INFORMATION

Course 41 – Distance 4 Miles


 Start at starting line in vicinity of S mark


 Leave A mark to starboard


 Leave F mark to starboard

 Go to finish line in vicinity of S mark

Course 43 – Distance 8.9 Miles


 Start at starting line in vicinity of S mark

 Leave S mark to starboard


 Leave F mark to starboard


 Leave SM1 mark to starboard (Santa Monica Bell Buoy)

 Leave SS mark to starboard


 Go to finish line in vicinity of S mark


Course 42 – Distance 8.3 Miles

 Start at starting line in vicinity of S mark


 Leave A mark to port


 Leave 2ES mark to port (El Segundo Bell Buoy)


 Leave SS mark to port


 Go to finish line in vicinity of S mark


Course 44 – Distance 4.3 Miles

 Start at starting line in vicinity of S mark

 Leave AA mark to starboard

 Leave D mark to starboard

 Leave S mark to starboard

 Go to finish line in vicinity of S mark



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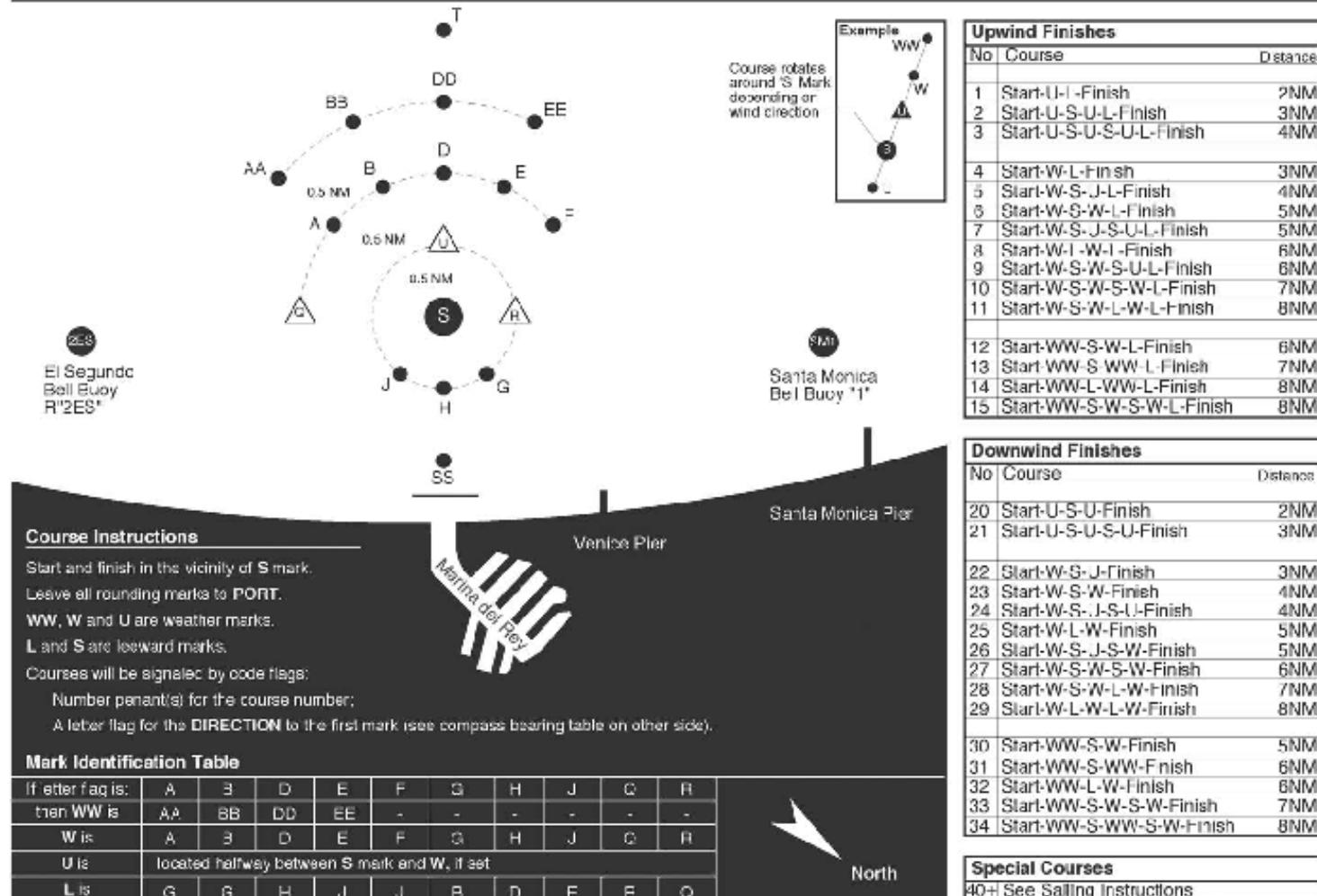


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Marina del Rey Course Chart 16





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Marina del Rey Course Chart 16

TO → Approximate magnetic course between marks →

	A	AA	B	BB	D	DD	E	EE	F	G	H	J	Q	R	S	T	SS	2ES	SM1
S	185	185	210	213	235	235	280	260	285	18	55	82	145	325	-	235	55	138	331
A	-	185	288	245	300	277	313	288	525	9	21	31	75	357	5	264	30	119	839
AA	5	-	330	289	323	300	327	313	335	8	17	23	48	355	5	283	25	107	342
B	108	150	-	213	312	270	325	302	537	26	38	50	88	9	30	256	42	117	844
BB	65	108	30	-	335	312	348	325	552	27	38	44	70	15	30	280	40	107	849
D	120	143	132	175	-	235	308	295	550	43	55	87	100	28	55	205	55	110	848
DD	97	120	90	132	55	-	20	338	18	46	55	64	89	37	55	295	55	112	855
E	123	147	145	189	158	200	-	280	2	80	72	84	113	50	80	214	68	124	849
EE	118	183	122	145	115	158	80	-	45	88	74	85	105	61	80	100	70	118	853
F	145	155	157	172	170	193	182	225	-	79	89	101	125	77	105	208	80	129	847
G	189	188	206	207	223	226	240	246	259	-	127	145	162	262	198	228	82	148	823
H	201	197	218	215	235	235	252	254	289	307	-	183	172	283	295	235	55	148	821
J	211	203	230	224	247	244	264	263	281	325	343	-	175	293	272	242	28	146	824
Q	255	226	268	253	280	269	293	285	505	342	352	355	-	325	325	262	10	183	829
R	172	175	189	195	209	217	230	241	257	92	100	118	145	-	145	221	82	139	832
T	84	103	76	103	55	55	34	13	26	48	55	62	82	41	55	-	55	105	2
SS	210	205	222	223	235	235	248	250	260	262	235	208	190	262	235	235	-	158	312
2ES	269	287	297	297	299	292	304	298	309	308	328	328	313	319	318	385	333	-	324
SM1	129	102	164	108	108	175	168	178	167	143	141	144	148	132	151	102	132	144	-

Mark Locations

Mark	Latitude	Longitude
A	35° 53.243' N	118° 29.608' W
AA	35° 53.770' N	118° 29.799' W
B	35° 53.437' N	118° 30.050' W
BB	35° 53.137' N	118° 30.486' W
D	35° 55.827' N	118° 30.337' W
DD	35° 53.847' N	118° 30.899' W
E	35° 57.254' N	118° 30.417' W
EE	35° 57.298' N	118° 31.017' W
F	35° 57.839' N	118° 30.270' W
G	35° 57.611' N	118° 28.998' W
H	35° 57.387' N	118° 28.655' W
J	35° 57.051' N	118° 28.837' W
Q	35° 55.257' N	118° 28.779' W
R	35° 57.852' N	118° 29.434' W
S	35° 57.187' N	118° 29.218' W
T	35° 53.484' N	118° 31.459' W
SS	35° 57.547' N	118° 28.093' W
2ES	35° 54.698' N	118° 27.569' W
SM1	34° 00.176' N	118° 30.228' W

Please note: These are the designated waypoints for the marks; every effort is made to keep them as close as possible to the above coordinates, but there is no guarantee as to their actual positions.
Marks A through SS are owned and maintained by the Yacht Clubs in MdR and may only be used with prior approval from the Buoy Coordinator.

Description of Marks

A, AA, D, DD, T, F and H marks are yellow spars.
B, BB, E, EE, G, J and SS marks are yellow spars with black bands.
Q, R and U are inflatable or flag marks that may be set by the race committee.
2ES is the E Segundo bell buoy.
SM1 is the Santa Monica bell buoy.
Missing marks may be replaced by inflatable or flag marks.

Handicap Distances

The handicap distance from S to:
G, H, J or R = 0.5 NM
A, B, D, E, F, Q or SS = 1.0 NM
AA, BB, DD or EE = 1.5 NM
T = 2.0 NM